

21 DAY FIX AND 2B MINDSET APPROVED BROWNIES

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These brownies are perfect when you have a sweet tooth craving! 21 DAY FIX AND 2B MINDSET APPROVED!

CONTAINER EQUIVALENTS:

21 day fix counts: 1 brownie = 1 yellow treat swap (16 total servings in the recipe)

2B Mindset: 1 Treat. Enjoy and move forward! ☐

INGREDIENTS

- 1/3 cup coconut flour
- 1/3 cup cocoa powder (dark)
- 1 packet or scoop Vegan Chocolate Shakeology
- 1/3 cup pumpkin puree (more if too dry)
- 1/4 cup coconut oil
- 2 tsp pure vanilla extract
- 4 eggs
- 1/2 cup pure maple syrup
- OPTIONAL: Swirl Peanut Butter In

INSTRUCTIONS

1. Preheat oven to 350°F
2. Combine coconut flour and cocoa powder
3. Whisk in the pumpkin, coconut oil, eggs, maple syrup, and vanilla extract. Blend well.
4. Pour batter into a 9 x 9 greased pan, and bake for 28-35 minutes, until a toothpick comes out clean
5. Let cool completely before removing from pan.

ENJOY!



