

Cotton Candy Smoothie



Cotton Candy Power Smoothie
Cauliflower Included

Ingredients for Cotton Candy Smoothie:

.2 cups frozen strawberries

- .1/2 cup frozen cauliflower**
- .1 1/2 cup milk**
- .1/2 c Greek Yogurt**
- .2Tbs honey**

Place all of the ingredients in the blender and mix well. Enjoy your Cotton Candy Smoothie!