

# Cotton Candy Smoothie



Cotton Candy Power Smoothie  
Cauliflower Included

**Ingredients for Cotton Candy Smoothie:**

**.2 cups frozen strawberries**

- . 1/2 cup frozen cauliflower**
- . 1 1/2 cup milk**
- . 1/2 c Greek Yogurt**
- . 2Tbs honey**

**Place all of the ingredients in the blender and mix well. Enjoy your Cotton Candy Smoothie!**