

# Greek Yogurt Waffles

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### Vanilla Shakeology Recipe



Whip up these protein-packed Yogurt Waffles for breakfast and freeze the rest for easy meal prep!

### INGREDIENTS:

- 1 1/4 cup almond milk (or any milk you wish)
- 2/3 cup Greek Yogurt (I like 5% or 2% Fage)
- 2 large eggs
- 1 teaspoon vanilla extract
- 2 cups all-purpose unbleached, white whole wheat flour or oat flour

- 1 tablespoon + 2 teaspoons baking powder
- 2 tsp Olive Oil
- 1 scoop Vanilla Shakeology
- cooking spray to spray waffle iron

## DIRECTIONS:

1. Heat waffle iron.
2. Blend all ingredients together.
3. Cook and top with favorite ingredients.

