

Overnight Oats

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- 1 cup steel coat oats
- 1 cup almond milk
- 2 cups of water
- 2 medium bananas
- 1 $\frac{1}{2}$ cups of blueberries
- $\frac{1}{4}$ cup of chopped walnuts
- $\frac{1}{2}$ teaspoon of cinnamon
- Cooking spray or oil mister
- Pinch of kosher salt
- 1 tsp of vanilla extract
- $\frac{1}{4}$ cup sweetened shredded coconut
- 3 tablespoons of honey

Coat the bottom of the 6-quart slow cooker with cooking spray. Arrange the banana slices in a single layer on the bottom and top with half of the blueberries.

In a medium bowl, combine the oats, 2 tbsp of walnuts, the cinnamon, and salt.

In a separate bowl, whisk together the coconut milk, honey, and vanilla. Pour the liquid mixture over the oats, stir well, pour into the slow cooker. Sprinkle the remaining $\frac{3}{4}$ cup blueberries, the remaining 2 tablespoons walnuts and the coconut over the top.

Cover and cook on low for 8 hours.

*** Primary recipe was taken from the Fixate Cookbook, but I made some adjustments to make this recipe.