

# Chocolate Banana Overnight Oats

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1/2 cup Gluten Free Quick Cooking Oats

2/3 cup water or almond milk

1/2 scoop Chocolate Vegan Shakeology

1/2 ripe banana smashed

1/2 tsp pure vanilla extract

Add oats to jar and pour in liquid. Add the rest of the ingredients and mix well. Put in fridge and let sit for at least a few hours or overnight. Enjoy!

### Containers

1 Purple

2 Yellow

1/2 Red