

# Crockpot Oatmeal

## Crockpot Oatmeal



## **Ingredients**

1 Cup Steel Cut Oats  
4 Cups Water  
1/2 Cup Milk of Choice  
1/4 Cup Pure Maple Syrup  
1 Tsp Vanilla Extract  
1TBS Butter

## **Instructions**

Pour all in sprayed (coconut oil) crock pot, set on low for 8 hours, top with your favorite toppings and ENJOY!