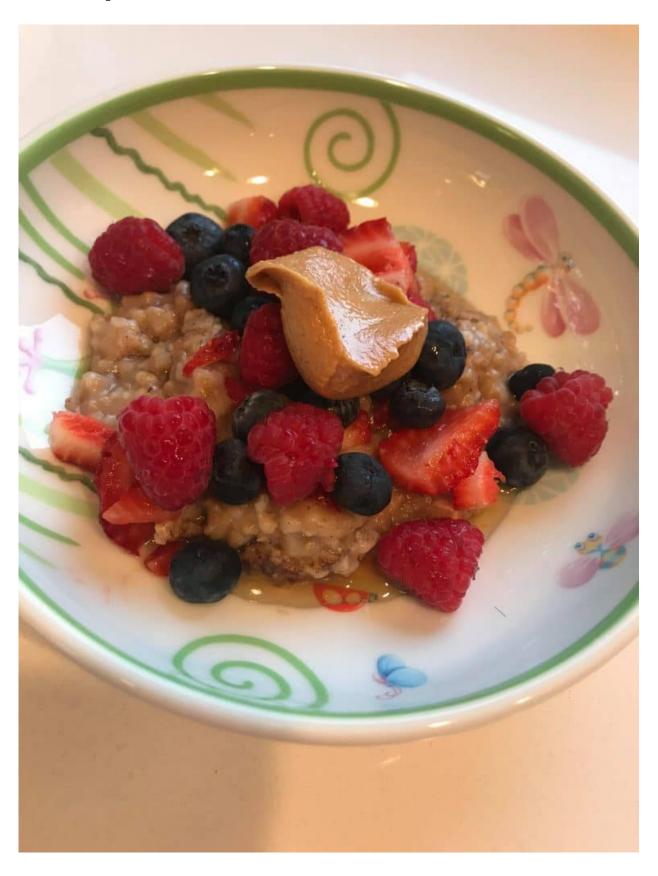
Crockpot Oatmeal

Crockpot Oatmeal



Ingredients

1 Cup Steel Cut Oats
4 Cups Water
1/2 Cup Milk of Choice
1/4 Cup Pure Maple Syrup
1 Tsp Vanilla Extract
1TBS Butter

Instructions

Pour all in sprayed (coconut oil) crock pot, set on low for 8 hours, top with your favorite toppings and ENJOY!