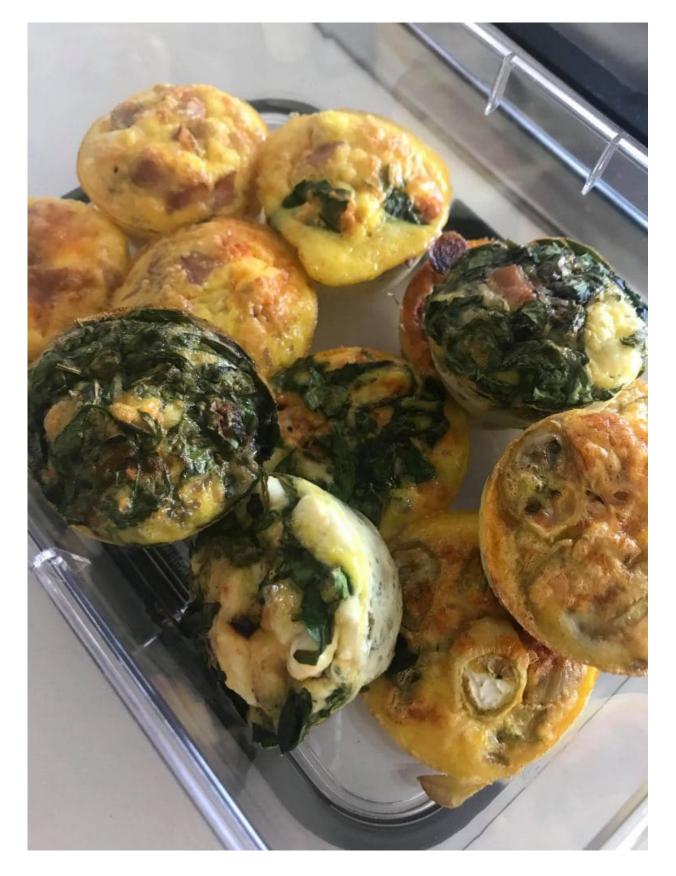
Egg Cups Three Ways

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Ingredients

10-12 eggs

Greek: Feta, Spinach, & Kalamata Olives

Mexican: Taco Meat, Peppers, Salsa (once cooked)

All-American: Ham and Cheese

Instructions



Beat eggs and pour evenly into muffin sheet (I use silicon as it cleans SO MUCH easier). Cook for 20-40 minutes depending on how done you want them and how filled each cup is. Do the toothpick trick to test and ENJOY!



I highly recommend this silicone muffin tray!

If you liked this post, you would love this great post giving you 12 ways to make egg muffins in 5 ingredients or less!