

Fresh Veggie, Chicken and Quinoa Salad

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Fresh Veggie, Chicken and Quinoa Salad...YUM! So flavorful and

perfect for any meal!

INGREDIENTS

- 3 cups cooked chicken breast
- 2 cups cooked quinoa
- 1 cup cherry tomatoes
- 1 cup spinach
- 1 medium cucumber
- 1/4 red onion chopped
- 1/4 cup chopped basil leaves
- 1/4 c lemon juice
- 2 tsp olive oil
- 1/2 tsp sea salt or Himalayan salt
- 1/2 tsp pepper
- 1 medium ripe avocado cut into 1 inch cubes
- 2 cups butter lettuce

INSTRUCTIONS

1. Combine chicken, quinoa, tomatoes, spinach, cucumber, onion, basil, lemon juice, oil, salt and pepper in a bowl.
2. Refrigerate for 2 hours covered.
3. Add avocado.
4. Add 1/2 lettuce in each serving bowl.
5. Top with 2 cups quinoa mixture.

ENJOY!