

Frozen Blueberry Pineapple Greek Yogurt Bark

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2 cups of plain greek yogurt

1/4 cup of honey

1 tbsp vanilla extract

2 cups of fresh blueberries, washed and stems removed

1/2 cup of pineapple tidbits

- You could also use flavored yogurt and omit the honey as well

1. Line a 9 x 13 cake pan with parchment wax paper
2. Mix together yogurt, vanilla and honey.
3. Add blueberries and pineapple.
4. Stir until blueberries are evenly coated.
5. Spread out evenly on parchment lined paper.
6. Freeze over night. Serve and enjoy!