

Peach Cobbler Oats

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Ingredients for Peach Cobbler Oats

Fresh Peaches, diced

Cinnamon

Gluten Free Oats

Butter , melted

Quinoa Flakes

Pure Maple Syrup

Instructions for Peach Cobbler Oats:

*None of my measurements are exact. I add ingredients as I see fit.

Preheat oven to 350. Spray oven-proof bowl with coconut oil and add cut up peaches. Sprinkle with cinnamon! Set aside and in a different bowl, combine coconut flour almond flour, oats, almond flour, syrup and butter until the mixture is moist and somewhat combined! Top peach mixture with oat mixture and enjoy! Bake for 45 minutes. Feel free to add quinoa flakes, ground flax seed.