

Cookie Dough Wonder Whip

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This recipe for Cookie Dough Wonder Whip is sooo good! You are going to love it!

INGREDIENTS

- 1 scoop Vanilla Shakeology
- 3/4 c Greek Yogurt (2%)
- 1 tsp truvia, honey, or maple syrup
- 1-2 tbs extra dark chocolate

INSTRUCTIONS

1. Mix all ingredients well.
2. Add almond milk if needed for moisture.

ENJOY!