

Whole Wheat Crepes

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Ingredients for Whole Wheat Crepes:

- 2 large eggs or 3 small
- 1 TBS Kerrygold butter
- 1 1/4 2% milk
- 1 C fine whole wheat flour



Mix all in blender. Butter bottom of crepe pan (or frying pan, non-stick if you have) and pour batter in the center of pan and swirl it around until it forms a thin layer. Cook for about 1 minute and flip and cook for another 40 seconds.

Add egg, cheese, chocolate, banana, nut butter, etc! Enjoy your Whole Wheat Crepes!