

# A Girl Can Dream...

Have you ever heard the saying "A girl can dream"? I love it because it is straightforward and honest. But the rest of the story is that a girl can have a dream, create a vision, make a plan, go out there and work hard, share her passion and be the one to make that dream come true!



Had you asked me 11 months ago where I thought this fitness “job” of mine would go, I am not sure I could have told you exactly as I didn’t know. I knew enough to jump in with both

feet, make a plan, and trust my gut! I knew that this program worked and changed lives and that was enough for me to believe. Because of this, I have been able to inspire others to jump in with both feet as well!

What I didn't know 11 months ago was the feeling and satisfaction that would come with growing my team of coaches. I didn't understand the impact this could have on my life and the lives of my coaches as well. Now, sitting here on the other side, I am blown away at the team of coaches have built and how much these ladies (and soon to be gentlemen) would inspire and motivate others and me beyond belief.

I have always been one to chase my dreams and keep chasing until the end. This dream has just begun and I am excited to be able to help other moms, dads, husbands, friends, relatives and newly made friends become business owners. I am thankful that I took the chance and trusted my instinct to GO FOR IT!

Dreams certainly are worth chasing! If your dream involves inspiring others, getting into the best shape of your life, being part of an amazing team of positive thinkers, and developing personally beyond belief, let me tell you more! I am running a "GET A GLIMPSE" group with insight to the coaching business. If you'd like to be a part of this group to get a glimpse, please PM or comment below. YOU ARE WORTH IT!