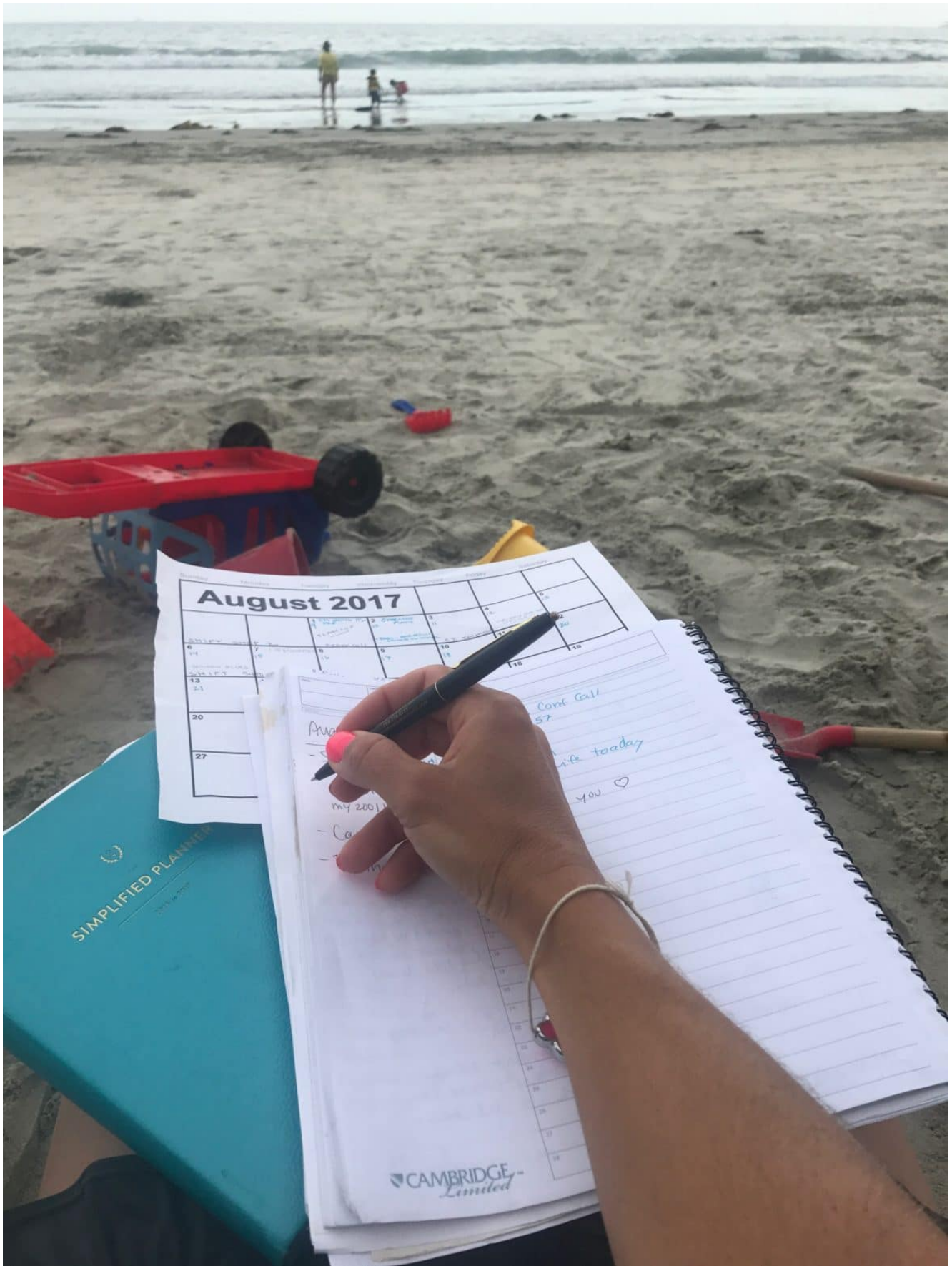


Love What You Do!

Have you ever had that “job” where you can’t stop? Where you just want to keep going? Where you love it so much that it does not ever feel like “work”? Well, that is where I am.

Being a coach and inspiring others inspires me as well.

Getting ready for the beach today, I was sure to put a few of my “work” items in the beach bag. I didn’t know if I’d get time to do anything but was hopeful. As I was sitting there watching the kids play, the seagulls fly, the waves crash and clouds move, I could not stop thinking of what was next for our challenge group, what workout program I was going to go to next, my new group starting on the 14th and what mini-challenges we would do next week. I pulled out my planner, wrote some notes, planned out the calendar and got to “WORK”.



If you are looking for a change, a new way to be inspired while inspiring others, something that motivates you, a new way to LOVE getting up in the morning, give it a

consideration! It is worth it!

If you are interested in learning more about what I do as a coach, how I can help you ensure a successful start to your business, and gain support every step of the way, this is an open invitation to join me and our team of leaders. See the coaching application below! My next opportunity for training begins on August 14th!

coaching application