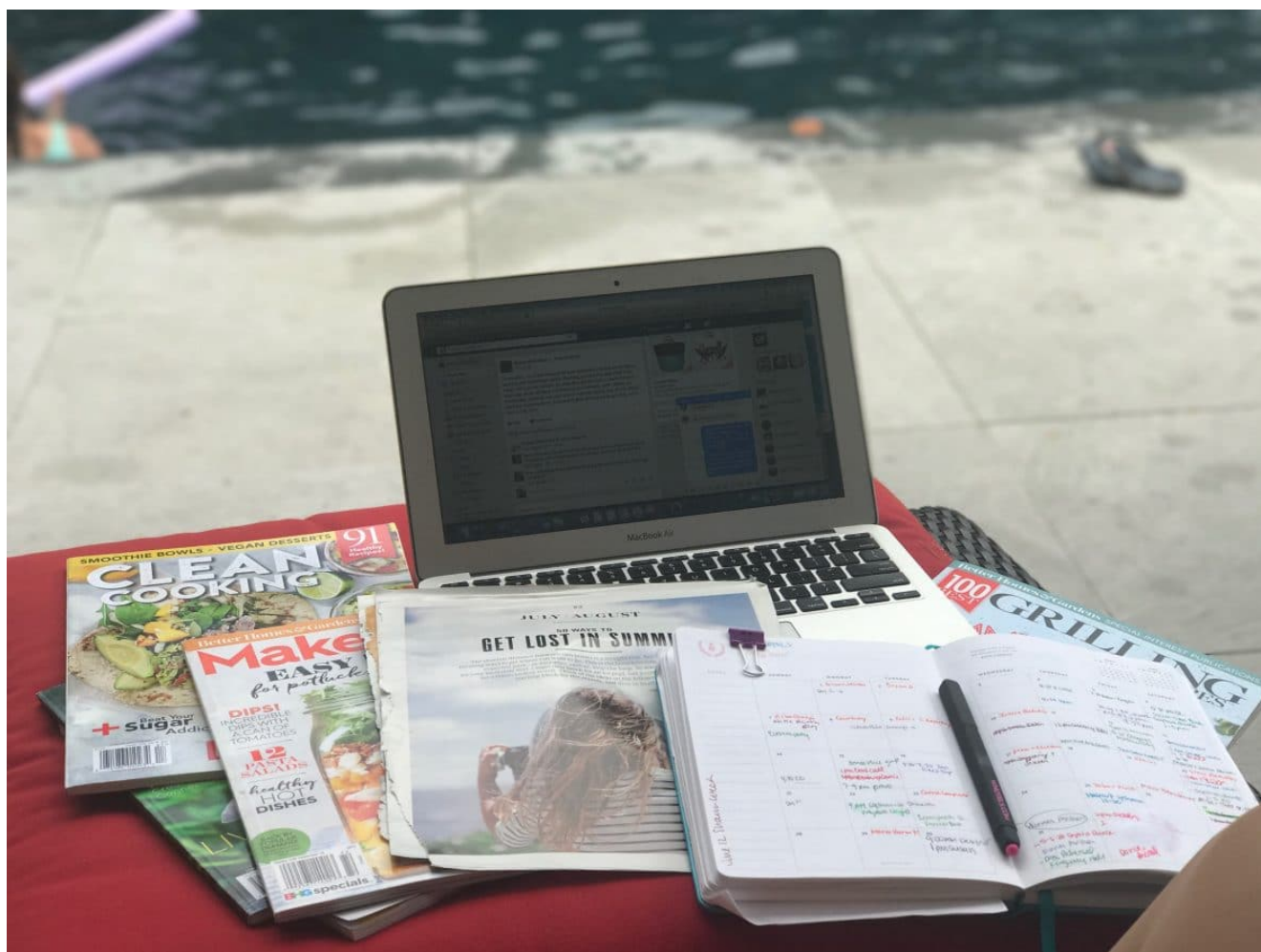


Love Your Job. Live Your Job!

So this is the scene...Vacation is here and while the pool is being enjoyed by all, I am taking a quick “work break”. The “work day” started with a glass of water, workout clothes on, computer taken outside, and my 25 minute workout began. Then...I checked in with my accountability group, challengers and coaches! I then I enjoyed a vanilla/banana/almond butter shake. I then I continued on with the day as the littles woke up!



When you love what you do, it does not feel like work, ever. I enjoy creating meal plans and workout schedules. I enjoy reaching out to others with the intention of exposing him/her to a lifestyle change. I enjoy speaking to my team of coaches and helping them grow their own businesses. As a coach, I enjoy living my “job”, inspiring others and challenging myself to improve daily. As the day goes on, I will continue to enjoy this beautiful summer day, “work” in between and live the life I have created. I have 10 spots for a coach sneak

peek for anyone who wants a glimpse into coaching. Message me now to be added to a list for the coach sneak peek group (no obligation) starting next week. Do you want to make a change?
#coachlife #loveyourjob #liveyourjob