

Sugar Free Kid Zone! – Online Group



This sugar free kid zone group will focus on feeding out kids healthful items and limiting sugar intake. The Sugar Free Kid Zone is important because sugar is thrown at our children every day in many ways and forms. If we take the time to start teaching our kids how to make good food decisions from a young age, maybe we can make a change and help our children live long, healthy lives. If you want some ideas on “clean kids’ eating” and sugar alternatives, please join my group!

Join Sugar Free Kid Zone [HERE!](#)